



Authentic Taekwon-do Townsville are pleased to announce "Team Aussie" open all styles Martial Arts Tournament in Townsville on Saturday 16th June.

This tournament will be held under ITF rules, to be found under resources on www.worldchamps2012.com. Categories will be coloured belt junior, coloured belts senior, blackbelt junior and blackbelt senior, and veterans, dependant on nominations. Competitors vying for selection to the Australian team 2013 please note, this event carries a 25% weighting towards points, for more information on team selection and weighting please visit the Authentic Taekwon-do Townsville website located at www.tkd-townsville.com.au, for point clarification contact Head of Coaching, Mr. Scott Bower on 0408 879 269 or by email scott@tkd-canberra.com.au.

PROGRAM OF EVENTS

07:45	Officials meeting
08:00	Competitor briefing
08:15	Official opening and competition start
12:00	Lunch
1600	Official close

Information for organisations unfamiliar with ITF competition

There will be four areas of competition. They include Sparring, Patterns, Power breaking and Special technique. Following is an expansion on each of these divisions, any queries or further information can be fielded by any of the Event Organisers and Officials listed on Schedule 1 enclosed.

Section 1. SPARRING

(as per below divisions) and information following; **NOTE, divisions will be amalgamated at officials discretion.** All sparring will be conducted to ITF rules, mandatory safety equipment must be worn, as

per information found in above resources. Competitors will NOT be allowed to spar with incorrect equipment. Limited equipment will be available to hire on the day, we strongly suggest that you source you own to avoid disappointment. Junior competitors must wear head protection.

Divisions

INDIVIDUAL:

- (a) Male and Female groups
- (b) Weights

Junior Weight Division

Male:

- MICRO up to 52 kg.
- LIGHT 52 to 58 kg.
- MIDDLE 58 to 63 kg.
- HEAVY 63 to 70 kg.
- HYPER over 70 kg.

Female:

- MICRO up to 45 kg.
- LIGHT 45 to 50 kg.
- MIDDLE 50 to 55 kg.
- HEAVY 55 to 60 kg.
- HYPER over 60 kg.

Adult Weight Division

Male:

- MICRO up to 54 kg
- LIGHT 54 to 63 kg.
- MIDDLE 63 to 71 kg.
- HEAVY 71 to 80 kg.
- HYPER over 80 kg.

Female:

- MICRO up to 52 kg
- LIGHT 52 to 58 kg.
- MIDDLE 58 to 63 kg.
- HEAVY 63 to 70 kg.
- HYPER over 70 kg.

Veteran Weight Division

Male:

- MICRO up to 64 kg.
- LIGHT 64 to 73 kg.
- MIDDLE 73 to 80 kg.
- HEAVY 80 to 90 kg.
- HYPER over 90 kg.

Female:

- MICRO up to 54 kg
- LIGHT 54 to 61 kg.
- MIDDLE 61 to 68 kg.
- HEAVY 68 to 75 kg.
- HYPER over 75kg

Further Reading

Information on the methods of point scoring are available online at http://www.worldchamps2012.com/index.php?option=com_content&view=article&id=6&Itemid=13, Articles 33 through 36. It should also be noted that the level of contact expected is light and any excessive contact during this competition will be deemed as the competitor's inability to control their techniques and will be penalised accordingly. Further information and explanations will be available at the Coaches meeting prior to Competition.

Section 2. Patterns/ Forms/ Kata/ Tul

As per below divisions, Please note that these divisions may be amalgamated at officials discretion.

Divisions

INDIVIDUAL:

- (a) Male and Female groups
- (b) Junior Gup and Senior Gup
- (c) First, Second, Third and Fourth Degree Divisions

Because of various disciplines competing against one another, this will be judged on;

- Power 3
- Balance 3
- Breath Control 3
- Rhythm 3

ITF competitors please note, you will also be scored on Technical Content out of 5, but this will not be added to event score, this weighting will be held over for selection process, should you be nominating for team selection 2012.

Section 3. Power Breaking

Male:

- | | | |
|----|---------------------|--------------------------------------|
| 1. | Ap Joomuk Jirugi | FOREFIST PUNCH |
| 2. | Sonkal Taerigi | KNIFEHAND STRIKE |
| 3. | Yopcha Jirugi | SIDEKICK |
| 4. | Dollyo Chagi | TURNING KICK (ROUNDHOUSE) |
| 5. | Bandae Dollyo Chagi | REVERSE TURNING KICK (SPINNING HEEL) |

Female:

- | | | |
|----|----------------|---------------------------|
| 1. | Sonkal Taerigi | KNIFEHAND STRIKE |
| 2. | Yopcha Jirugi | SIDEKICK |
| 3. | Dollyo Chagi | TURNING KICK (ROUNDHOUSE) |

Section 4. Special Technique

Male:

- | | | |
|----|-----------------------------|-----------------------------|
| 1. | Twimyo nopi apcha busigi | FLYING FRONTKICK |
| 2. | Twimyo nomo yopcha jirugi | FLYING SIDEKICK |
| 3. | Twimyo dolmyo yopcha jirugi | FLYING BACKKICK |
| 4. | Twimyo dollyo chagi | FLYING TURNING KICK |
| 5. | Twimyo bandae dollyo chagi | FLYING REVERSE TURNING KICK |

Female:

- | | | |
|----|---------------------------|--------------------|
| 1. | Twimyo nopi apcha busigi | FLYING FRONTKICK |
| 2. | Twimyo nomo yopcha jirugi | FLYING SIDEKICK |
| 3. | Twimyo dollyo chagi | FLYING TURNINGKICK |

Venue and Entry Fees

Rasmussen State School- School hall

Allambie Lane,

Rasmussen, Townsville, 4815

The school hall is located on the left hand side of the school grounds, parking to the front of the venue.

Event Entry Fees

Tournament Entry \$50

Event cost is \$50 per competitor for one or all events, to be paid in cash on nomination, closing 5pm Friday 8th June 2012. All correspondence is to be posted to 'Team Aussie', P.O box 895 Hyde Park, 4812. LATE NOMINATIONS WILL CARRY A \$50 PROCESSING FEE.

Schedule 1

Event Organiser and Officials

a. Authentic Taekwon-Do Townsville

- i. Mr Nigel Paul
Mob. 0428 280 670
- ii. Mrs Andrea Smith
Mob. 0427 353 007
- iii. Mr Malcom Goon Chew
- iv. Mr Bill Coyer
- v. Mr Alf Giarrusso

b. Authentic Taekwon-Do

- i. Mr Jamie Moore
Mob. 0415 993 389
- ii. Mr Scott Bower
Mob. 0408 879 269

Facilities Management

c. Rasmussen State School

- i. Allambie Lane
Rasmussen, Qld, 4815